

# INSIDE OUR FOOD & BEVERAGE MANUFACTURERS

## 2024 Australia Report

### Background

A much-anticipated update from the [first assessment in 2018](#) this is the only report to rate the largest packaged food and beverage manufacturers in Australia on their nutrition-related policies and practices.

**Food and beverage manufacturer policies and practices** were assessed using **globally applicable assessment methods**, developed by a global network of public health researchers and tailored to the Australian context.




### The report includes:

- **Performance overview** of Australian food and beverage manufacturers, **changes since 2018**, and a comparison to current global best-practice;
- A **scorecard** (out of 100) **for each food and beverage manufacturer** across 6 key domains (e.g., product formulation, nutrition labelling, marketing practices) related to population nutrition;
- **Recommended actions** for companies to support healthier diets for Australians.

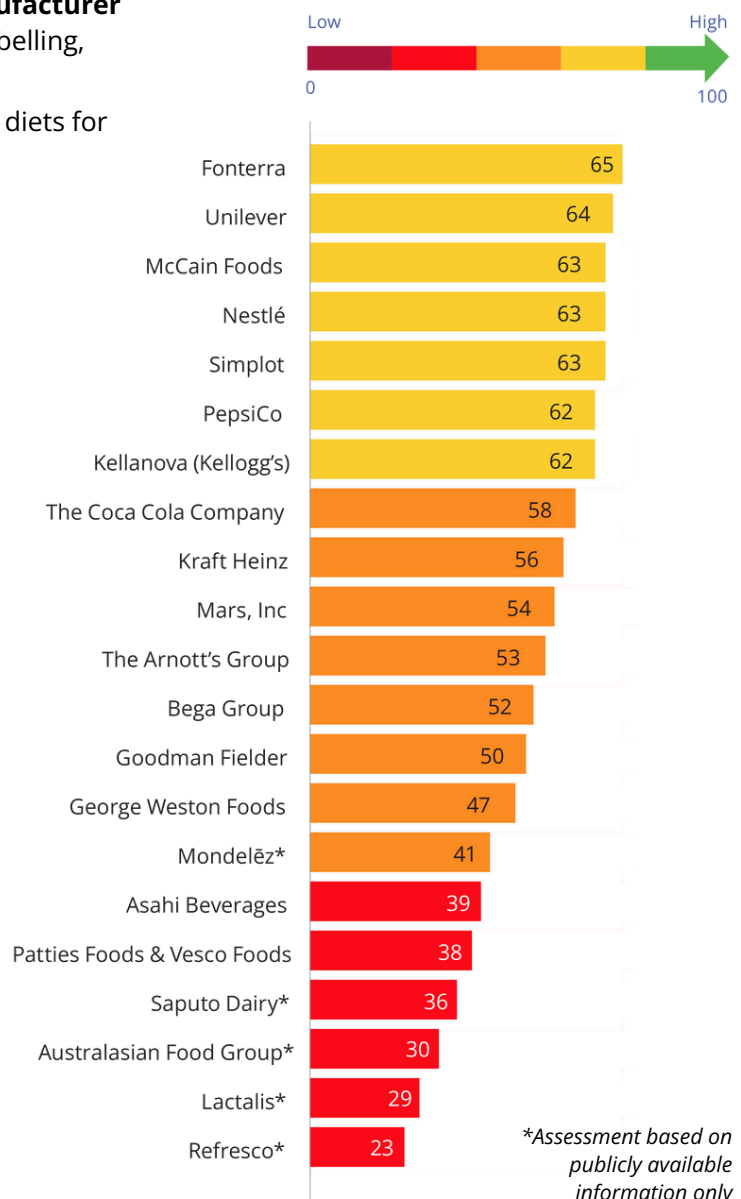
### Key findings

- 1 Food and beverage manufacturers in Australia are not taking sufficient action to address unhealthy diets, with companies **falling far short of international best practice**.
- 2 There have been **some improvements in the last 5 years** (including improved nutrition labelling, and reporting of progress in healthier reformulation), but **much more substantial action is needed**.
- 3 Urgent government action is needed to **mandate the Health Star Rating** labelling scheme, and legislate to **protect children from exposure to marketing of unhealthy foods and brands**.

### Priority actions for manufacturers

-  **Healthy food sales:** Set targets to increase the proportion of sales from healthy products.
-  **Marketing to children:** Take serious actions to reduce the exposure of children (aged up to 18 years) to the marketing of unhealthy products and brands
-  **Nutrition labelling:** Fully implement the Health Star Rating system across all products.

Australia's largest food and beverage manufacturers achieved an average score of 50/100



This report is the published results of a study led by **Professor Gary Sacks**, a co-Director of the [Global Centre for Preventive Health and Nutrition \(GLOBE\)](#) within the [Institute for Health Transformation \(IHT\)](#) at Deakin University, and a Chief Investigator with the [Centre of Research Excellence in Food Retail Environments for Health: Next Generation](#). The report will be available at [www.insideourfoodcompanies.com.au](http://www.insideourfoodcompanies.com.au).